

SUSPENSION SETUP

BIKE 2020

FACTOR 26

Kids

Fork: RockShox 30 Gold SoloAir R 100mm

Follow RockShox 30 Gold SoloAir R recommended settings on the left back side of the casting.
Mondraker recommended RockShox 30 SoloAir R 100mm fork settings based on Rider weight and Trail application:

SAG		RECOMMENDED SETTING*	
RIDER WEIGHT	AIR PRESSURE	CLIC(S) CLOSED FROM FULL OPEN	
lbs / kg	psi	rebound	compression
80 / 36	37	1	open
90 / 41	40	1	open
100 / 45	43	2	open
110 / 50	46	2	open
120 / 54	49	3	open
130 / 59	52	3	open
140 / 63	55	4	open

*Suggested fork sag 20%

Rear shock: RockShox Monarch R SoloAir

SAG		RECOMMENDED SETTING*
RIDER WEIGHT	SPRING RATE	CLIC(S) CLOSED FROM FULL OPEN
lbs / kg	psi	rebound
120 / 54	100	1
140 / 64	110	2
160 / 73	120	3
180 / 82	130	4
200 / 91	140	5
220 / 100	150	6
240 / 109	160	7

*Settings based on Trail application and 30 - 35% recommended sag



These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.